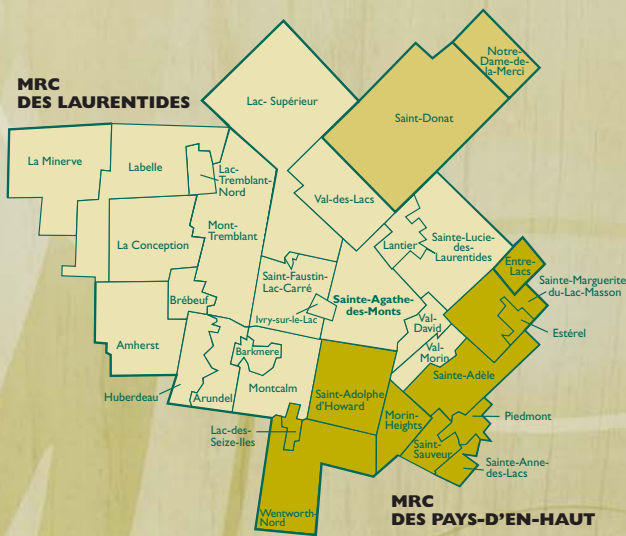




Maison de soins palliatifs
des Laurentides et des Pays-d'en-Haut
Palliative Care Hospice



Palliative care services are needed in our communities

According to recent surveys, over 80 percent of people diagnosed with terminal cancer, if given a choice, would prefer to die in their own home or in a hospice dedicated to end-of-life care. Prior to the Québec Minister of Health's recent announcement concerning palliative care services for the province, there were some 20 centres offering this form of dedicated care. Another 12 centres are now in the planning stages, including the one for our region, as a result of the government's new ministerial priority.

According to government standards there is a need for one designated palliative care bed for every 10,000 citizens¹. As the combined regions of the MRC des Laurentides and the MRC des Pays-d'en-Haut have a population of about 80,000 people, the palliative care centre that is planned for our region will have a total of 8 beds. The working group studying the feasibility of our facility will also review the needs of the residents of the Saint Donat and Notre-Dame-de-la-Merci municipalities as they also use the health care services of our combined region.

Increase in the number of people with cancer

Between 2003 and 2007 there were 470 people diagnosed with cancer in the two MRCs of our region². During this same period there were 218 deaths from cancer. While people of all ages can be diagnosed with cancer, the risk of having some form of cancer increases with age and is more prevalent in people over 50 years of age.

According to the Canadian Cancer Society, 88 percent of the new cancer diagnoses in 2010 were in the 50-and-over age group³. The projections for the year 2015 suggest that, as more people of retirement age move to this region, 48.3 percent of the population of the MRC des Laurentides will be 50 or older, and that percentage increases to 53.4 percent in the MRC des Pays d'en-Haut.

¹ INSPQ study, Soins palliatifs de fin de vie au Québec, March 2006.

² Ministère de la Santé et des Services sociaux, Public Health Infocentre, death registry 1995-2007.

³ Canadian Cancer Society, Canadian cancer statistics 2010.

Palliative and end-of-life care

The active phase may last for months and in some cases for a number of years. The patients get radiation and chemotherapy treatments and many continue to work and live their lives as normally as possible.

The pre-terminal phase generally lasts a few weeks. Hospital stays become more frequent and the patient's condition continues to deteriorate. The management of physical pain and other symptoms becomes more complex.

The terminal phase is more a question of days than weeks. The patient requires continuous care. It is a difficult period for the patient and for the family.

There are two aspects to palliative care. The first is the medical one, where curative treatment is being replaced with treatment to control and manage pain. The second one, the psychosocial component, includes multidisciplinary services to reduce suffering and to provide emotional, physical, psychological, social and spiritual support to the terminally ill and their caregivers.

The Maison de soins palliatifs des Laurentides et des Pays-d'en-Haut will accept individuals who have been given a medical diagnosis of less than three months to live. The average stay in a palliative care facility is 16 to 21 days.



Maison de soins palliatifs
des Laurentides et des Pays-d'en-Haut
Palliative Care Hospice

*A Home Where We
Stand Beside You*

This information brochure has been made possible with financial support from the Users' Committee of the Centre de santé et de services sociaux des Sommets.

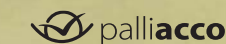
*We look after
your rights*



**We inform, we listen
we provide assistance, we stand beside you**

Phone: 819 324-4000,
ext. 4334

Conception:



2280, rue Labelle, Mont-Tremblant QC J8E 1T8

819 717-9646; toll-free 1 855 717-9646

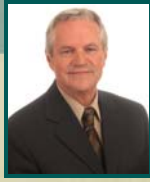
palliaco@cgocable.ca

www.palliaco.org

A Home Where We Stand Beside You



Jean Pierre Laroche
President, Board of Directors



Jacques Morin
Executive Director

Dr. Yves Bolduc, Québec Minister of Health and Social Services, announced in the spring of 2010 that one of his priorities was the provision of private residential palliative care in each region of the province. He mandated each Centre de santé et services sociaux (CSSS) to support and help establish one such organization on their respective territories. The Palliacco Foundation accepted the challenge of establishing residential palliative care services for this region, in cooperation with the CSSS des Sommets, the CSSS des Pays-d'en-Haut and the Agence des Services de la santé et des services sociaux des Laurentides.

Palliacco has been offering palliative care respite, counselling and volunteer support to families faced with a terminal illness since 2007. Our experience in this field allows us to conclude that a palliative care hospice is a necessary extension of the services already offered by Palliacco and the CSSS.

With support from the Minister, the local MNAs, and the mayors of the municipalities of the Laurentides and Pays d'en Haut MRCs, Palliacco and senior officials from the two CSSSs set up a working group to study the feasibility of a palliative care hospice in the region. The study included visits to other palliative care centres and provided an opportunity to estimate the costs of building and operating a residential facility.

The Fondation Palliacco leadership is optimistic that the financing for this centre can be raised through the collaboration, support and participation of all sectors within the Laurentides and Pays d'en Haut region. Palliacco is undertaking the most significant fundraising campaign in its history and looks to the local population to support this initiative and make a generous donation.

Several regions across the province of Quebec have opened residential palliative care centres thanks to the energetic cooperation and financial support of their citizens. We call upon you to help us achieve this goal for our region. Every donation counts, large or small, so please join our efforts and help us achieve our goal by 2016. Together, we will make it happen.

A residential centre will offer comprehensive care in a peaceful and compassionate environment

A centre dedicated to palliative care will allow a team of physicians, nurses and specially trained volunteers to offer comprehensive and compassionate medical and psychosocial care, free of charge, to residents with a terminal illness. A facility designed for palliative care services will offer private and comfortable bedrooms for terminally ill individuals and their families, so that they are able to live this phase of their lives with dignity and respect,

In addition to rooms for patients, a typical palliative care hospice includes the following facilities: an outside terrace for patients and family members, a kitchen and dining room, a specially equipped bathroom, a pharmacy, a room for prayer and meditation, working units for physicians, nurses and volunteers, administrative offices, a smoking area, and a games room for children.

Palliacco's fundraising challenge over the next four years is to raise 4.7 million dollars

The estimated construction costs for an 8-bed facility are about \$2.4 million. An additional \$2.3 million would be needed to cover the costs of start-up, the costs for engineering, equipment, systems and the personnel required prior to opening the hospice, the costs of operating the facility over the first six months, the operational costs of Palliacco for a four-year period and the monies needed for a contingency fund... which would bring the total cost of the project to \$4.7 million.

Annual operating cost estimate

Annual operating costs are estimated to be \$1,040,000 for an eight-bed hospice at a cost of \$130,000 per bed. An estimated \$184,000 is required for the ongoing operation of Palliacco for a total of \$1,224,000 annually. Sources for financial support include the Agence de santé et services sociaux des Laurentides with a contribution of \$60,000 per bed for a total of \$480,000, plus an additional contribution of \$94,000 for Palliacco's operating costs, bringing the total to \$574,000 annually. An estimated \$650,000 will have to be raised in the community through planned giving, gifts in memoriam, legacies and fundraising activities. Reviews of palliative care centres in other regions of the province suggest possible operating surpluses after several years of operation.

How can you help or contribute?

- By the involvement of private foundations and major donors who support the cause.
- By offering goods and services on a pro bono basis.
- By making a donation as an individual, corporation or community organization.
- By organizing fundraising activities.
- By sponsoring specific rooms within the centre.
- By donating shares of public companies.
- By naming the centre as a beneficiary in a final will and testament.

Public recognition for major contributions

The Fondation Palliacco will acknowledge contributions to this fundraising initiative by placing the names of all major donors on the entrance wall of the centre and on the Fondation Palliacco's website.



Donation Form

*A major fundraising initiative
for the Fondation Palliacco
A Home Where We Stand Beside You*

*Yes. I want to support the Maison de soins palliatifs
des Laurentides et des Pays-d'en-Haut*

I am pleased to make a donation in the amount of

- \$50 \$100 \$200 \$500 \$1,000
 Other: \$ _____

Cheque enclosed. Please make your cheques payable to Fondation Palliacco

I wish to make monthly payments in the amount of: \$ _____



Card number: _____

Card holder: _____

Expiry date: ____/____
month year

Signature: _____

Mr. Mrs. Ms.

Last name: _____ First name: _____

Address: _____

City: _____

Province: _____ Postal code: _____

Telephone: _____

Email: _____

Please send your donation to:

Fondation Palliacco
2280, rue Labelle, Mont-Tremblant QC J8E 1T8
Phone: 819 717-9646; toll-free 1 855 717-9646
Email: palliacco@cgcocable.ca
Website: www.palliacco.org

A tax receipt will be issued for all donations over \$25.00
Charitable registration number is: 86937 6608 RR001

Thank you